



LIMITS OF CONFIDENTIALITY

I treat, with great care and respect, all the information that you share with me during sessions. It is your legal right that our sessions and my records about you be kept confidential. This privacy is also protected by the ethics of my profession. There are a few situations, however, in which I cannot ensure that your confidentiality will be protected. These include but are not limited to:

1. If you are involved in legal proceedings, my records could be subpoenaed and/or I could be asked to testify in court;
2. If you make a serious threat to harm yourself or another person, the law requires me to try to protect you or that other person. This usually means telling others about the threat, for example, the police.
3. If I believe that a child has been, or will be, abused or neglected, I am legally required to report this to authorities.
4. If some or all of your therapy is being covered by an insurance company, I may be obliged to provide basic information to them (for example, the dates we have met; presenting problems; a treatment plan and possibly your progress).

Additionally, in the interest of continuity of care, I would like your permission to speak to the following members of your care team:

I, _____, have been told and understand the limits of confidentiality.

Client Signature

Date